Rules of Conduct

These are the rules of conduct for US Handbal Amsterdam. It is expected that each member and trainer/coach will abide by these rules and hold others accountable. Failure to do so will result in consequences.

- We encourage open communication to create a safe and welcoming environment. If you are asked to do something that goes against your own feelings, norms and values: report this, for example to the board. For questions and reports, you can also contact the 'Centrum Veilige Sport Nederland' (0900-2025590 or centrumveiligesport@nocnsf.nl)
- We have respect for everyone. We don't make disrespectful comments about others based on appearance, sexual preference, nationality, religion or background, online or offline.
- We only enter someone's personal space or touch someone with consent.
- It's not allowed to share private information, pictures or documents of others that could emotionally damage them, online or offline.
- We do not abuse our position of power and we treat everyone equally.
- We are fair and sportsmanlike. Verbal and physical violence is not tolerated on and off the field.
- We are aware that our actions may be perceived differently by others.
- We don't pressure or coerce others into any action with which they feel uncomfortable.

If you see or hear something that goes against the rules of conduct, speak up and report violations of this code of conduct. Report violations of this code to the board and/or the trust contact person of the club (<u>trustperson@ushandbal.nl</u>). For questions and reports, you can also contact the Centrum Veilige Sport Nederland.

The board can take action when rules are not followed. This may be through a warning, a conversation or in worse cases, a suspension.